

INSPIRING WORSHIP ALL WEEK

K E Y	Observe the sabbath day and keep it holy as the Lord your God commands you. Deuteronomy 5:12
R E A D I N G S	<p>Preparing for Sunday, June 2nd</p> <p>Day 1— Deuteronomy 5:12-15</p> <p>Day 2— Psalm 81:1-10</p> <p>Day 3— 2 Corinthians 4:5-12</p> <p>Day 4— Mark 2:23-3:6</p> <p>Day 5— Exodus 20:8-10</p> <p>Day 6— Genesis 1:3</p> <p style="text-align: right;">*Sunday readings in bold.</p>
A P P L Y	Remember the sabbath and keep it holy. How are we doing on this the 3 rd , or is it the 4 th commandment? Which day is the sabbath, Saturday, Sunday? Which one do we keep holy? How do we keep it holy? The Pharisees had definite ideas centered mostly on worshipping and doing little else. Jesus changes the emphasis saying “the sabbath was made for humankind and not humankind for the sabbath.” (Mark 3:27). Jesus said it was ok to do good on the sabbath such as healing a lame person, rescuing an animal in distress, eating if hungry, or in other words taking care of yourself and your neighbor. So, have we stretched this “sabbath leniency” to immoral lengths today? After church is there anything wrong with enjoying say, golfing, fishing, shopping, playing games in the park if these activities restore one’s mental health after a stressful week at work? Or are we disobeying God’s commandment? Is working on Sunday to provide for your family, ok? How are we to spend the sabbath? What is the “right” thing to do?
P R A Y E R	Dear Lord, help me to “remember the sabbath and keep it holy”. Help me to use this day as you intended. Help those people who must work, to find a way to get some rest, to get refreshed. Help us all to use this day to put you, God, in the center of our lives. Amen

Devotions written by Trinity members.