

Trinity Learning Center & Preschool

Newsletter - September 2017



From the Director's Desk

I am trying a new

format for our newsletter. Please let me know if this is helpful to you.

Our September Committee Meeting has been rescheduled for Thursday, September 21, 2017 at 6:30 PM. Discussion Topic – Building Updates/Budget 2018.

Our Youngstar window has begun and we are anticipating our formal rater coming to score our classrooms on the ITERS and ECERS – environmental rating scales. We will be sharing these with you at the October Committee Meeting on October 9th; remember all parents and guardians are encouraged to attend when possible. Hope to see you there!

CACFP - Food Program: Thank-you to the families who completed the need forms for us. This program helps us to continue to provide nutritious and healthy meals for your child. If you have not completed please do so as so as possible. If you need an additional copy please stop in the office.

Teacher's Requests:

1. Please Place Outdoor Clothing in the spaces provide in the main level. It is very inconvenient for staff when children's outer clothing is in a lower level classroom. Each child has a hook for their outdoor clothing: infants/outside classroom, toddlers – in classroom, Explorer A, Explorer B, Three Year Old Preschool, and Adventures Groups in closet, and 4K and Discovery/Wrap Around across from main floor bathrooms by center office.

Thanks for your help in advance.

2. Please check your child's cubby to make sure clothing is the correct size and correct season.

WI PYRAMID News:

Trinity Learning Center & Preschool is an Implementation Site of the Wisconsin Pyramid Model.

Our Center Wide Expectations are:

- ❖ Be Safe
- ❖ Be Kind
- ❖ Be a Friend

What does it look like to Be Safe – in the classroom, in the hallway, or on the playground?

Watch and you will see as posters begin to appear around the center.



Family Outreach Calendar:

Please try to participate in as many as possible. Reminder: 4K families the Stevens Point School District expects 75% attendance. Please do your best to meet this goal!

September

26 – Car Seat Safety Check 4 to 6 PM

October

19 – Pumpkin Patch @ 6 PM

26 – Literacy Night @ 6:30 PM

31 – Costume Parade to Lincoln Center @ 10 AM

November

2 – Picture Day 8AM to 1 PM

9 - Rainbow Tasting @ 6:30

13 - Parent Teacher Conferences

December

14 – 4K Holiday Program @ 6:30 PM

15 – Center Christmas Program @ 6:30 PM

4K Update: The New School Year is underway! We have 24 4K students. We still have openings in our PM class. If you know a child who was 4 years of age by September 1, 2017 – the 4K Program is free to all Stevens Point residents.

Our 4K returning teacher is Ms. Gail and our 4K returning assistant is Ms. Katrina. We are thankful for their dedication to our 4K Program.

New this year Ms. Gail will be piloting Creative Curriculum for the school district.

Parenting Tidbits:

Many times, parents ask either center staff or myself questions in regards to their child's development or parenting ideas. I have decided to add more information in our monthly newsletter.

POP Quiz --- Solid Foods?

True or False

Age is the best way to determine when an infant is ready for solid foods.

Answer: False!

Age is the NOT the best way to determine when an infant is ready for solid food. An infant's readiness for solid food is based on his or her rate of development.

Check out the American Academy of Pediatrics webpage for more information.

Why do toddlers bite?

There are many reasons why toddlers might bite. Toddlers might bite if they:

- **Lack language skills** necessary for expressing important needs or strong feelings like anger, frustration, joy, etc. Biting is a substitute for the messages

he can't yet express in words like: *I am so mad at you, You are standing too close to me, I am really excited, or I want to play with you.*

- **Are overwhelmed** by the sounds, light or activity level in this setting
- **Are experimenting** to see what will happen
- **Need more active playtime**
- **Are over-tired**
- **Are teething**
- **Have an need for oral stimulation**

If you think one of these reasons might be why your child is biting, read specific strategies on website

<https://www.zerotothree.org/resources/232toddlers-and-biting-finding-the-right-response>

EASY POTTY Learning For Toddlers

The simple truth about toilet training is that if the child is ready, it happens very easily. If not, a power struggle often ensues -- and we all know that no one wins a parent-child power struggle. Fights with your child about his or her body are fights you will never win.

Luckily, there is a never a reason to fight with your child about this. Moving from diapers to being selfsufficiently able to use the toilet is a natural process. Humans have been doing it for a long time. They all get out of diapers sooner or later.

So you don't actually need to "toilet train" your child. Instead, set up conditions so your child can learn. Your goal is to make it as easy and effortless as possible. Think of this as a process of learning that unfolds over time, like all other learning and mastery.

See complete article at

<http://www.ahaparenting.com/agesstages/toddlers/easy-toilet-potty-training>

Have a Great Month!

Jean Cunningham, Director