## **INSPIRING WORSHIP ALL WEEK**

K E Y	"The apostles gathered around Jesus, and told him all that they had done and taught. <sup>31</sup> He said to them, "Come away to a deserted place all by yourselves and rest a while."  Mark 6:30-31
R E A D I N G S	Preparing for Sunday, July 22  Day 1 - Jeremiah 23:1-6  Day 2 - Psalm 23  Day 3 - Ephesians 2:11-22  Day 4 - Mark 6:30-34; 53-56  Day 5 - Exodus 20:8-10  Day 6 - Isaiah 40:29-31  *Sunday readings in bold.
A P P L Y	It's hard to believe we are almost halfway through the summer. While the beautiful weather gives us plenty of opportunities to rest and escape from the busyness of the school year and work demands, how quickly our schedules still fill up in this "offseason." The disciples were all too familiar with this. Their seemingly non-stop teaching, traveling and the care that others required from them left them worn-out and needing a break. Jesus knew how important rest would be to sustain them for their long-term ministry. How do you make time for rest in the midst of all that life brings? What places have you found best renew your mind and body to do God's work in the world?
P R A Y E R	Life-giving God-We give thanks for the people and places that refuel our hearts and our hands to share your love wherever we go. In our times away this summer, give us opportunities not only to relax and renew, but to enjoy community with family, friends and those we have yet to meet. Help us to make the most of every moment you have given us. Thank you for the gift of time-time to care for ourselves and others and time to spend with you. May our presence in these spaces sustain us as we live and serve you. Amen.

Devotions written by Trinity members.